

TORRANCE UNIFIED SCHOOL DISTRICT
Information for Parents Regarding Casts and Crutches at School

To ensure student safety, all students who return to school with a cast or crutches must have a doctor's note which includes the following:

- Date of visit, diagnosis, doctor/provider's signature and stamp
- Any restrictions (P.E., sports, recess, weight-bearing, stairs, etc.)
- Date(s) of restriction
- For crutches, doctor/provider must indicate that crutches are to be used at school and that the student has been instructed in proper use of crutches. The District does not recommend that a student with crutches be allowed to ambulate stairs. However, if a student's physician is allowing this, it must be stated so in writing from the physician. Crutches will not be issued or loaned from the Health Office.

Exclusion from school may apply if the requested documentation is not provided. Your child will need to check in with the Health Office on the first day back to school so that accommodations can be made for his/her safety at school. If possible, parent/guardian should accompany the student to the Health Office so that the following may be discussed:

- Early-release pass between classes so student can avoid crowded hallways, locker area, etc.
- TUSD *Authorization for Medication at School* if medication is required at school (i.e. pain)
- Procedure for use of elevator (if applicable)
- Personal hygiene/bathroom issues
- Any restrictions
- Other accommodations and instructions (i.e. wheelchair)

If you have any questions or concerns, please contact the Health Office.